# The Status of Women in NC: Women of Color





1,696,827

Total Population of Women of Color in NC



34.7%

Total percentage of Women of Color in NC

39.7

Median age of women in NC

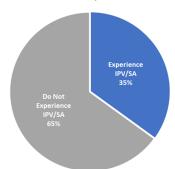
**North Carolina** received a **D grade** on the Institute for Women's Policy Research's Health and Well-being index—down from the last report in 2015:

- Reported STI diagnoses are among the **10th highest** nationally.
- Black women are significantly more likely to have babies born with a low birth rate compared to white women

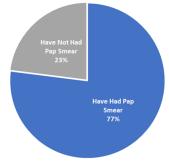
#### But there has been **progress**:

- Hispanic women have the lowest rate of breast cancer mortality compared to women of other races/ ethnicities. Mortality rates for breast cancer overall have decreased since 2012 for all NC women.
- HIV/AIDS diagnoses and reported gonorrhea cases have decreased since 2012.

**35%** of NC women experience intimate partner violence and/or sexual assault.



77% of NC women have had a pap smear in the past 3 years, contributing to NC's low cervical cancer mortality rates.



**Mortality Rates Among Women** in NC by Race/Ethnicity (per 100,000) 146.7 140.2 124.9 121.7 54.6 48.2 44.6 40.4 118 **Heart Disease** Stroke **Breast Cancer** Diabetes All ■ White ■ Black ■ Hispanic ■ Native American Asian Black women in North Carolina have the highest mortality rates for heart disease, stroke, & breast cancer.

## The Status of Women in NC: Health and Wellness

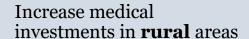


### Policy Recommendations

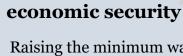


#### Close the **insurance coverage gap**

Closing the insurance coverage gap will help women who earn low incomes access essential health services they otherwise might not be able to afford.



This would help close the health and wellness gap between rural and urban communities in NC by increasing the number of hospitals, physician care practices, and psychiatrists.



Increase women's

Raising the minimum wage and enacting policies such as paid family and medical leave, paid sick days, and schedule predictability would improve access to medical care and healthy lifestyle practices.



## Increase investments in young people



Increasing funds to hire more school counselors, psychologists, social workers, and nurses across NC creates healthier school climates where students have better access to care and more programming about healthy behaviors, relationships, and lifetime skills.



#### Increase Funding for Survivors of interpersonal violence and sexual assault

Increased funding will help ensure that all victims and survivors across NC, especially in rural areas, can access the critical support they need.